



VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

SERVICES FOR PEOPLE WITH BRAIN INJURY IN VIRGINIA

03/2015

State Administered Services

The following services and programs are administered directly by the Department for Aging and Rehabilitative Services:

Brain Injury Services Coordination Unit (BISCU) is located within the **Department for Aging and Rehabilitative Services (DARS)**, Virginia's designated "lead state agency" for planning and monitoring services that enhance the quality of life and vocational goals of persons with acquired brain injury. BISCU Unit manages about \$6 million in programs and services, primarily through federal/state grants, and state-funded contracts with organizations across the Commonwealth. BISCU Unit provides information and consultation about acquired brain injury to DARS staff and external customers. BISCU staffs the Commonwealth Neurotrauma Initiative Trust Fund and the statewide Virginia Brain Injury Council, the advisory group to the DARS Commissioner. *Contact Patricia Goodall at 800/552-5019, TTY 800/464-9950 or e-mail Patti.Goodall@dars.virginia.gov or on-line <http://www.vadars.org/cbs/biscis.htm>.*

- **Commonwealth Neurotrauma Initiative (CNI) Trust Fund** was established legislatively in 1997 for the purpose of "improving the treatment and care of Virginians with traumatic spinal cord or brain injuries." The Trust Fund Advisory Board disburses funds to Virginia-based organizations, institutions, and researchers through a competitive grant process administered by DARS. Grant funds of \$5,000 to \$150,000 per year for up to three years are awarded in rotating cycles for Research Grants and Community Based Services Grants. Although grant funding is short-term, direct services to consumers may be available in some areas. *Contact Catherine Harrison 804/662-9968, e-mail Catherine.Harrison@dars.virginia.gov or on-line <http://www.vacni.org>.*
- **Federal Traumatic Brain Injury (TBI) Implementation Partnership Act** grant funding was awarded to the Virginia Department for Aging and Rehabilitative Services for 2014-2018. "**Facilitating Access to Care and Enhancing Services**" is a 4-year grant focusing on Information and Referral, Professional Training, Screening, and Resource Facilitation, all designed to expand and strengthen the State's infrastructure. Three DARS subcontractors assist in carrying out grant activities: the primary contractor is the Brain Injury Association of Virginia (BIAV). In addition, James Madison University is contracted during Year 1 to do a thorough review of neurobehavioral services in Virginia for people with brain injuries as well as existing services gaps, and the University of Virginia will be implementing a brain injury screening program at eight community sites during Years 2-4. The DARS Federal grant does not provide direct services to consumers; it is a systems change grant. *Contact Donna Cantrell at 804-622-7069 or 800/552-5019, TTY 800/464-9950 or e-mail Donna.Cantrell@dars.virginia.gov or on-line <http://www.vadars.org/cbis.htm>.*

Centers for Independent Living (CILs) provide services statewide that promote the independence, productivity, and leadership of people with disabilities. CILs are operated by people with disabilities who assist others to take charge of their own lives. CILs work with individuals and communities to remove barriers to independence. Services include information / referral, peer counseling, independent living skills training, and individual and systems advocacy. There are 16 CILs and four satellite CILS located throughout

Virginia. Contact Theresa Preda at 800/552-5019, TTY 800/464-9950; e-mail Theresa.Preda@dars.virginia.gov or on-line <http://www.vadars.org/cbs/cils.htm>.

Community Rehabilitation Case Management Services (CRCMS) Program provides case management / service coordination for individuals with central nervous system and other severe functional disabilities (including brain injury). Rehabilitation Specialists assist in identifying individual needs and identify resources to increase independent living and community integration. Contact Carolyn Turner at 800/552-5019, TTY 800/464-9950, e-mail Carolyn.Turner@dars.virginia.gov or on-line <http://www.vadars.org/cbs/ltrcm.htm>.

Personal Assistance Services for People with Brain Injury (PAS/BI) provides personal assistance to people with significant functional limitations due to a physical disability caused by a brain injury and who are ineligible for attendant services through other sources. The consumer and a consumer-designated representative manage all aspects of employing a personal assistant. Services may include assistance getting in/out of bed, dressing, bathing, meal preparation, and housework. Priority is given to individuals at risk of institutional placement. Contact Pat Norton at 800/552-5019, TTY 800/464-9950, e-mail Patricia.Norton@dars.virginia.gov or on-line <http://www.vadars.org/cbs/pas.htm>.

Vocational Rehabilitation (VR) Program is the federal/state funded program within the **Department for Aging and Rehabilitative Services (DARS)** that offers employment-related assistance to persons with disabilities, including people with brain injuries. Individuals who meet disability and financial eligibility criteria work with a Vocational Rehabilitation Counselor to jointly develop an Individualized Plan for Employment (IPE) that identifies an employment goal, as well as services or training to achieve that goal. Services include evaluation of skills and abilities; help determining an employment goal; counseling and guidance; vocational training; and job seeking / job placement services. Contact DARS at 800/552-5019, TTY 800/464-9950, or on-line <http://www.vadars.org>.

Woodrow Wilson Rehabilitation Center (WWRC) is a state-funded rehabilitation facility operated by the **Department for Aging and Rehabilitative Services (DARS)** that offers an array of residential and outpatient services ranging from a comprehensive rehabilitation therapy program to vocational training to short-term assessment. Eligible individuals with acquired brain injury may receive supplemental specialized services such as neuropsychological assessment and therapy / counseling; cognitive rehabilitation services; independent living / community re-entry skills; and physical, occupational, and speech / language therapies. Contact Rick Sizemore at 540/332-7044 or 800/345-9972/ TTY 800/811-7893 or e-mail Rick.Sizemore@wwrc.virginia.gov or on-line <http://www.wwrc.net/menuroot/VR-brain-injury-services.htm>.

State Contracted Programs/Services

The following organizations receive Commonwealth of Virginia state general funds to provide programs/services through contracts managed by the Department for Aging and Rehabilitative Services:

Brain Injury Association of Virginia (BIAV) provides **statewide** information and support to people with brain injury, family members, and professionals. BIAV services include a toll-free help-line, an information clearinghouse and resource library, referrals to brain injury-specific and general community resources, a statewide network of support groups, systems advocacy, educational events, and an adult camp for survivors. BIAV also has Regional Resource Coordinators in **four areas of the state** who provide information/referral, education, public awareness and resource development locally. *Contact Anne McDonnell, Executive Director, Brain Injury Association of Virginia, 1506 Willow Lawn Drive, Suite 212, Richmond, VA 23230, by phone 804/355-5748, Toll-free Help Line 800/444-6443, e-mail info@biav.net, or on-line <http://www.biav.net>.*

Brain Injury Services, Inc. (BIS INC) provides information and referral, case management, supported living, and volunteer placement for people with brain injuries in **Northern Virginia**; case management is also available in the **Fredericksburg** area. In addition, BIS INC operates two clubhouses: ADAPT Clubhouse in the **Fairfax** and Westwood Clubhouse in **Fredericksburg**. Clubhouse members are actively involved in the daily operation of the clubhouse through a “work-ordered day” which leads to improved work skills and behaviors that support community and vocational re-entry. *Contact Karen Brown, Executive Director, Brain Injury Services, Inc., 8136 Old Keene Mill Road, Suite B102, Springfield, VA 22152, by phone 703/451-8881, e-mail kbrown@braininjurysvcs.org, or on-line <http://www.braininjurysvcs.org>.*

Brain Injury Services of Southwest Virginia (BISSWVA) provides information and referral, case management, Community Support Services (life skills training), and volunteer placement for individuals with brain injury residing in the **LENOWISCO, Cumberland Plateau, Mount Rogers, New River Valley, and Roanoke Valley-Alleghany** areas of the state. *Contact Krystal Thompson, Executive Director, Brain Injury Services of Southwest Virginia 3904 Franklin Road, Suite B, Roanoke, VA 24014-3039, by phone 866-720-1008, e-mail krystal@bisswva.org, or on-line <http://www.bisswva.org>.*

Community Brain Injury Services. operates two clubhouses, The Mill House in **Richmond** and Denbigh House in **Newport News**. Clubhouse members are actively involved in daily operations of the clubhouse through a “work-ordered day” which leads to improved work skills and behaviors that support community and vocational re-entry. CBIS also offers Employee Development Services (EDS) which provides a structured and in-depth assessment of an individual’s work-related skills and abilities. Community Brain Injury Services also provides information and referral, limited case management through the clubhouse, and volunteer placement for members of The Mill House and Denbigh House. **Supported Employment (job development and placement services)** is also offered at The Mill House. CBIS also employs a full-time case manager who provides long-term case management to individuals residing in the **Greater Richmond** metropolitan area. *Contact Jason Young, Executive Director, Community Brain Injury Services, 7812 Shrader Road, Richmond, VA 23294, by phone 804/261-7050, e-mail Jason@communitybraininjury.org, or on-line at <http://www.communitybraininjury.org>.*

Crossroads to Brain Injury Recovery (CBIR) provides information and referral, case management, Community Support Services (life skills training), and volunteer placement for individuals with brain injury in the Greater Shenandoah Valley to include the counties of **Rockbridge, Augusta, Bath, Highland, and Rockingham**; and the cities of **Harrisonburg, Lexington, Buena Vista, Waynesboro, and Staunton**. Crossroads’ main office is located in Harrisonburg on the James Madison University Campus in Blue Ridge

Hall. The organization also has a satellite office at Woodrow Wilson Rehabilitation Center in Fishersville. Contact Michelle Witt, Executive Director, Crossroads to Brain Injury Recovery, Blue Ridge Hall MSC 9020, Harrisonburg, VA 22807, by phone 540/ 568-8923, e-mail michelle@c2bir.org, or on-line at <http://www.c2bir.org>.

Eggleston Services, Inc. operates Beacon House, a clubhouse program for people with brain injury in the **South Hampton Roads** area. Clubhouse members are actively involved in the daily operation of the clubhouse through a “work-ordered day” which leads to improved work skills and behaviors that support community and vocational re-entry. Contact Joann Mancuso, Director Beacon House, 3808C Virginia Beach Boulevard, VA 23452, by phone 757/631-0222, e-mail mancuso.joann@egglestonservices.org, or on-line www.egglestonservices.org.

MWS Brain Injury Services (MWS BIS) provides information, referral, and case management services for individuals with brain injury residing in the counties of **Henry, Patrick, and Pittsylvania**, as well as the cities of **Martinsville, Danville, and the town of Stuart**. Contact Carlton Redd Co-Director, MARC Workshop, Inc. MWS Brain Injury Services, 22 East Church St., Suite 303 Martinsville, VA 24112, by phone 276/632-1018, Extension 308, or e-mail credd.marc@embarqmail.com.

No Limits Eastern Shore (NLES) operates No Limits, a day program for people with brain injury on the **Eastern Shore**. Day programs provide individuals with brain injury the opportunity to participate in structured activities in a supportive environment. Activities may include vocational tasks, community outings, computer training, and social/recreational activities. Contact Rachel Evans, Executive Director, No Limits Eastern Shore, 149 Market Street, Onancock, Virginia 23417, by phone (757) 789-3990, e-mail rlockw1092@aol.com, or on-line at www.nolimitseasternshore.com.

Virginia Neurocare Foundation (VANF, Will become The Bridgeline in Spring, 2015) administers High Street Clubhouse in **Charlottesville**. Clubhouse members are actively involved in the daily operation of the clubhouse through a “work-ordered day” which leads to improved work skills and behaviors that support community and vocational re-entry. Contact Leigh Wion, Program Administrator, The Bridgeline, 953 2nd St. SE, Suite 410 Charlottesville, VA 22902 by phone 434/220-4596, e-mail lwion@thebridgeline.org or online at www.thebridgeline.org

Virginia Supportive Housing (VSH) provides case management services to residents of two community homes for people with brain injury in the **Richmond** metropolitan area: Independence House, which houses six individuals, is located in the Fulton Hill community, and Bliley Manor, which houses eight individuals, is located in the Southside of Richmond. Limited follow-up case management is available to individuals who have moved on to more independent residential settings. Contact Stephanie Arnold, TBI Case Manager, Virginia Supportive Housing, 5008 Monument Ave, Suite 200, PO Box 8585, Richmond, VA 23226, by phone 804/921-3466, e-mail sarnold@virginiassupportivehousing.org, or on-line <http://www.virginiassupportivehousing.org>.